The Patient Protection and Affordable Care Act (PPACA), commonly referred to as “health care reform,” was signed into law on March 23, 2010. This important legislation will result in changes to every American’s health coverage including coverage of preventive health care services and certain medications with no out-of-pocket cost to individuals.

**Health care reform provides specific preventive medications at no cost**

Certain categories of drugs and other products have been included in the preventive care services coverage based on recommendations from the U.S. Preventive Services Task Force as well as the Institute of Medicine. These recommendations emphasize prevention of disease and meeting the unique health care needs of women.

The following products and prescription medications (as well as specific over-the-counter medications) may be available to you at no cost (copay, coinsurance and/or deductible) depending upon the terms of your plan.

Please see your plan materials or visit [myCigna.com](http://myCigna.com) for details about how these products and medications may be covered under your plan. Remember, you can use the Prescription Drug Price Quote Tool on [myCigna.com](http://myCigna.com) for real-time drug pricing specific to your plan. **You can also call the number on the back of your ID card 24 hours a day, 365 days a year, for help.**

You should consult with your doctor in choosing the product or drug that is right for you. This list is provided to help you discuss with your doctor the options that may be appropriate and available to you at no cost. A prescription from your doctor is required to process any claim for preventive care drugs or products under your pharmacy plan, including over-the-counter drugs.
Aspirin products
Available to:
Males: 45 – 79 years
Females: 55 – 79 years
Adult Low Dose Aspirin
Adult Low Strength Aspirin
Ascriptin
Aspir 81
Aspirin
Aspirin Buffered
Aspirin EC
Aspirin Tri-Buffered
Aspir-Low
Aspir-Mox
Aspir-Trin
Aspridrox
Baby Aspirin
Bayer Aspirin
Bayer Children's Aspirin
Bayer with Calcium
Bufferin
Children’s Aspirin
Doan's Regular
Ecoprin
Ecspirin
Genacote
Halfprin
Lite Coat Aspirin
Lo-Dose Aspirin
Low Dose Aspirin
St. Joseph Aspirin
Tri-Buffered Aspirin

Folic acid supplements
Available to Females
(Only products containing from 0.5 mg – 0.8 mg of folic acid are included)
Biocel, Chewable Prenatal
Folic Acid
KPN
Maxinate
Mission Prenatal
Mission Prenatal FA
Mission Prenatal HP
Natalcare RX
One-A-Day Women's Prenatal
DHA
Optinate
P-D Natal Plus With Folic Acid
P-D Natal Plus
Perry Prenatal
Prenatal
Prenatal Complete
Prenatal Formula
Prenatal Plus DHA
Prenatal RX
Prenatal S
Prenavite
Preque 10
Right Step Prenatal Vitamins
Stuart Prenatal
Supervite EC
Urosex
Vitace

Hormonal contraception*
Available to Females
Altavera
Amethia
Amethyst
Apri
Aranelle
Aviane
Azurette
Balziva
Briellyn
Camila
Camrese
Caziant
Cesia
Cryselle
Cyclafen
Cyclessa
Emoquette
Enpresse
Errin
Gianvi
Gildess FE
Heather
Introval
Jolessa
Jolvette
Junel FE
Junel
Kariva
Kelnor 1-35
Leena
Lessina
Levora-28
Loryna
Low-Ogestrel
Lutera
Medroxyprogesterone Acetate
150 mg/ml
Microgestin
Microgestin FE
Mononessa
Necon
Nora-BE
Norethindrone
Norethindrone-Ethinyl Estradiol
Norgestimate-Ethinyl Estradiol
Norgestrel-Ethiny Estradiol
Nortrel
Ocella
Ogestrel
Orsythia
Portia
Previfem
Quasense
Reclipsen
Solla
Sprintec
Sronyx
Syeda
Tilia FE
Tri-Legest FE
Trinessa
Tri-Previfem
Tri-Sprintec
Trivora-28
Velvet
Zarah
Zenchent

Barrier contraception
Available to Females
Encare
FC Condom
Femcap
Gynol II
Ortho All-Flex
Reality
Today Contraceptive Sponge
VCF
Wide Seal Diaphragm

Emergency contraception*
Available to Females
Ella
Levonorgestrel
Next Choice

Pediatric multivitamins (containing fluoride and fluoride supplements)
Available to Males and Females:
six months – six years
Epiflur
Ethedent
Fluorabon
Fluor-A-Day
Fluoritab
Flura-Drops
Ludent Fluoride
Lu-ride
Multi-Vita Bet-s-Fluoride
Multivitamins W-Fluoride-Iron
Multivitamins With Fluoride
MVC-Fluoride
Poly-Vi-Flor
Poly-Vitamin With Fluoride
Polyvitamin With Iron-Fluoride
Polyvitamins-Fluoride
Renaf
Sodium Fluoride
Triplevite With Fluoride
Tri-Vit with Fluoride-Iron
Tri-Vitamin with Fluoride
Tri-Vitamin with Iron-Fluoride
Tri-Vitamin-Fluoride

Pediatric iron-containing products
Available to Males and Females:
six – 12 months
Fer-Gen-Sol
Fer-In-Sol
Fer-Iron
Ferrous Sulfate
Icar
Mykidz Iron 10
Siderol
Vitafol
Wee Care

*Food and Drug Administration (FDA) approved female contraceptives are listed above. Additional FDA approved contraceptives (e.g., brand oral contraceptive medications that have a generic alternative or a generic therapeutic alternative) may be covered at your plan’s preferred or nonpreferred cost share.

**Cigna” and “Cigna Pharmacy Management” are registered service marks, and the “Tree of Life” logo and “GO YOU” are service marks, of Cigna Intellectual Property, Inc., licensed for use by Cigna Corporation and its operating subsidiaries. All products and services are provided by or through such operating subsidiaries and not by Cigna Corporation. Such operating subsidiaries include Connecticut General Life Insurance Company, Cigna Health and Life Insurance Company, Tel-Drug, Inc., Tel-Drug of Pennsylvania, L.L.C., and HMO or service company subsidiaries of Cigna Health Corporation. All models are used for illustrative purposes only.

© 2012 Cigna. Some content provided under license.