Joining (subscribing to) a List

Go to http://lists.maine.edu.

You will need to create an account here. Select Get Password (on the right side of the screen) and suggest using your maine.edu address as your username. You will receive a temporary password. Change it to something you will remember. This password is NOT synched with your other passwords!

Once you have established your account, go to Log in.

After you are logged in, you will see an alphabetical list of lists that are available to subscribe. Select the one you would like to join and click Subscribe or Unsubscribe (on the right).

Check that the info displayed is correct and click Subscribe.
Subscribe or Unsubscribe to the USM-RESTECH List

**USM-RESTECH@LISTS.MAINE.EDU**

You are currently not subscribed to the USM-RESTECH list under your csobczak@maine.edu address.

To join the list, fill in your name and click on the "Subscribe (USM-RESTECH)" button.

<table>
<thead>
<tr>
<th>List Name:</th>
<th>USM-RESTECH Restechs' List</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name:</td>
<td>Carol Sobczak</td>
</tr>
</tbody>
</table>

Subscription Type:
- Regular
- Digest (traditional)

[subscribe (USM-RESTECH)]